



Hello everyone,  
**Welcome** to the fifth issue of our newsletter. With winter well and truly with us I thought it would be good to focus on ways to keep your family warm and happy. Enjoy our newsletter as our way of keeping you informed about building, and other interesting items.

Director's note:



Dennis Peat, Director of Goldline Construction Ltd

The pace of life and the speed and variety of changes around us can almost swamp us at times. We know the importance of gathering good professionals and support groups around us, so that we get good advice and service, and to make our lives a little less chaotic and pressured. We pass this on to our clients and friends so that each of us can share and benefit one another. Enjoy our Newsletter, and pass this on

One of our recent Projects.....



Take a tired old villa that has stood the test of time, but was quietly falling apart in a street of up-grading homes. Dig out a full basement and flat, extend rooms, modernize but retain the character of the home, and completely refurbish. This home has a new lease of life, standing proudly in a heritage area, with all the modern comforts of home!

## Top 10 oldest buildings in the world

### 3. Monte d'Accoddi, Italy



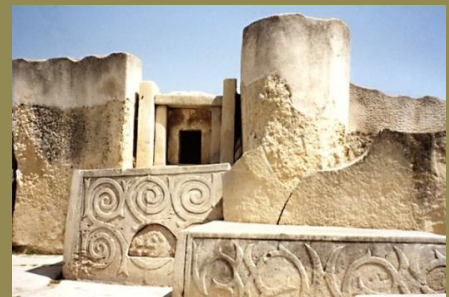
These free-standing structures were all used as religious temples, and are the oldest of their kind in the world, constructed between 3,500-2,500BC, also over 5,500 years ago.

### 2. Knap of Howar, Scotland



Originally part of a farmstead, this is the oldest stone house in Europe, standing since 3,500-3,100BC, or up to 5,500 years ago.

### 1. Megalithic Temples of Malta



These free-standing structures were all used as religious temples, and are the oldest of their kind in the world, constructed between 3,500-2,500BC, also over 5,500 years ago.

Pasted from <<http://www.buzzfeed.com/fjelstud/oldest-buildings-in-the-world>>

## 4 easy ways to winter proofing your home:

It's that time of the year again. Winter is coming. If you are an optimist, you picture winter as a time to snuggle in front of the fire and sip hot cocoa. Otherwise, you see winter as a time of high energy bills and flu season. Due to the economy and growing environmental awareness, many of us are pretty energy-conscious this year. Nonetheless, the prospect of winter-proofing your home can seem daunting – but there are easy and simple steps you can take to make your home more winter-proof without a complete overhaul.

### Seal the drafty windows and doors.

Your winterization plan should start inside your home. First, check for air leaks around the doors and windows. Apply weather stripping to doors and windows. Weather stripping is inexpensive and easy to apply – it should be put along the edges of windows and doors, including basement and attic windows and the garage. According to experts, leaky windows and doors can increase heating bills by at least 10 to 15%. You can check for leaks simply by holding the back of your hand to the cracks around your doors and windows. Since the back of your hand is more sensitive, you'll be able to easily tell if air is coming in. Use weather stripping and caulking to take care of drafts.

### Put a hat on your home.

Insulating your attic is like putting a winter hat on your house. It keeps heat from escaping through the roof – remember heat rises. While you are focusing on the top of your house, check your gutters and see that they are clean and free of debris, and check your chimney for air leaks. Such leaks can be sealed easily with caulk.

Install thick curtains, to help insulate the cold coming in through the glass.

### Use a timer for heaters.

Programming heaters to switch on about an hour before you get home, and switch off when you go to sleep or not at home, is an easy way to save on electricity bills. Using a thermostat will also mean that you can control the temperature that you and your family is comfortable with. There's no need to make your home a sauna, an ideal temperature for the home is between 20 to 23 degrees centigrade.

## The 2013 Rugby League World Cup



The **Rugby League World Cup** is an international rugby league football tournament contested by national teams of members of the Rugby League International Federation (RLIF). It has been held nearly once every 4 years on average since its inaugural tournament in France in 1954. This was the first World Cup of either rugby code and the first competition to be officially known as the "Rugby World Cup". The most recent tournament was contested in Australia in 2008 and was won by New Zealand for the first time. In the thirteen tournaments held to date, three nations have won the competition (Australia nine times, Great Britain three times and New Zealand once) out of the seventeen total teams who have taken part. Australia, France and New Zealand are the only teams to have played in all tournaments, with Great Britain being split into England, Wales, Scotland and Ireland since 1995

The **2013 Rugby League World Cup** will be the fourteenth staging of the Rugby League World Cup tournament and will be hosted by England and Wales with matches also be to held in France and Ireland. It runs from 26 October to 30 November 2013. Fourteen teams will contest the tournament: Australia, England, New Zealand, Samoa, Wales, Fiji, France, Papua New Guinea, Ireland, Scotland, Tonga, Cook Islands, Italy and the United States. **New Zealand are the defending champions**, having defeated Australia in the 2008 Rugby League World Cup final. It is Italy and the United States' first World Cup.

## Berry Streusel Tart



### Ingredients

300g (10oz) all-butter shortcrust pastry

- 1 free-range egg yolk, beaten

### for the crumble topping

- 100g (4oz) plain flour
- ½tsp ground cinnamon
- 100g (4oz) unsalted butter, chilled
- 75g (3oz) caster sugar
- 50g (2oz) oats
- 50g (2oz) hazelnuts, toasted and chopped

### for the filling

- 600g (1lb 5oz) frozen black forest fruits, thawed and drained
- 2tbsp caster sugar
- 1tsp cinnamon

### you will need

- 23cm (9in) fluted flan tin with removable base, lightly greased, and baking beans

### Preparation

1. Roll out the pastry and use to line the flan tin. Chill for 30 minutes. Heat the oven to 180 C, 160 C fan, 350 F, gas 4, then line the pastry case with foil and fill with baking beans. Bake for 15 to 20 minutes until pale golden. Remove the beans and foil, brush the egg yolk all over the inside, then return the tart to the oven for 5 to 10 minutes to dry the base. Cool.
2. To make the crumble topping, sift the flour and ground cinnamon into a bowl. Cut the butter into small pieces and rub into the flour using the tips of your fingers (or use a food processor). Stir in the caster sugar, oats and hazelnuts.
3. To assemble the tart, toss the fruit in the caster sugar and cinnamon and tip into the pastry case, spreading the mix out evenly. Sprinkle the crumble mix over the top, but don't press down, as it looks best with some juices seeping through the top. Place the tart back in the oven and cook for 25 minutes or until the crumble is golden brown. Allow to cool for 10 minutes. Serve with clotted cream.

***Education is the most powerful weapon which you can use to change the world.***

[Nelson Mandela](#)

## Insulation

Good quality, well installed insulation helps keep the heat in during winter and keep it out during summer. This makes your house easier and cheaper to heat properly, and more comfortable and healthy to live in. An estimated half of all New Zealand homes (around 700,000) have insufficient ceiling or under floor insulation<sup>1</sup> and insulation can move or become less effective over time.

The order of priority for insulating your home should be:

- Ceiling
- Under floor
- Walls
- Windows

### Ceiling insulation / Check your insulation

If you can do it, get a step ladder and pop your head through the hatch into your roof space and have a look to see if you have insulation. If there is no insulation on top of your ceiling, then you need to get some. You will need to add a top up layer of insulation if there is some insulation up there, but it:

If you can't check your own insulation, or aren't sure if you need any, get a professional to come and have a look for you.

If you have a preference you could choose between blanket or biscuit insulation, or from the different materials insulation is made from i.e. wool, polyester, glass etc. Shop around to find a provider that uses the type you want.

If you don't have any specific preferences, then your decision might be more price driven. If so, get a quote from 2 or more providers if you can and compare them.

## Are you going to install insulation yourself?

Here are some things to consider before you buy and install insulation:

The first step is to check your current insulation: is there any? What state is it in? is less than 12 cm thick (i.e. should be thicker than the height of the ceiling joists) doesn't cover the whole ceiling, has gaps in it, or places where it is squashed or tucked in

Make sure all leaks (roof and pipes) are repaired so the new insulation doesn't get wet. Damp insulation is less effective. You need to remove the old insulation and start again with a new layer if: it is wet or damp in areas

or has been damaged by rodents or birds

Check what the R values are for your climate zone (see [Building Code requirements](#)).

Have an electrician check you can safely cover electrical wiring that can't be placed outside the insulation.

If you have recessed downlights that are not closed abutted (CA) rated, replace them to eliminate the air gaps. CA rated recessed light fittings are now available that allow insulation to touch them. If you're not replacing the downlights, check to see how big a gap in the insulation is needed around each light fitting to prevent over-heating.

Choose a product that is independently accredited and complies with the standard AS/NZS 4859.1: 2002. Compliance with this standard is mandatory under the Building Code. A compliance statement must be on the label of the insulation.

Wear a dust mask, goggles, gloves, long sleeved shirt and closed footwear when installing fiber insulation products.

A **Special offer** as a new valued strategic alliance partner, we would like to give you a **FREE iPod Nano** (valued at \$249.<sup>00</sup>) for any referral or work you send our way! It's our special way of saying thank you for the start of our new relationship.

Conditions apply; this offer is only available to the referrer when a building contract is signed for the work. Just mention this offer, and once confirmation is made this iPod Nano is all yours.

Call Dennis **NOW** on **533-7522** or **027 294 4909** we will be glad to answer any questions you have or visit our website [www.goldlineconstruction.co.nz](http://www.goldlineconstruction.co.nz) for more information about **Goldline**

Special Offer





Future Proof Building

Future-Proof Building is proud to have Goldline Construction involved in our "Future-Proof Building" programme. Future-Proof Building works with **leading** trades people in New Zealand using education to keep them abreast of new products, design and specification advances. FPB also boasts a portfolio of the leading product companies in the building industry who are just as passionate about delivering quality through excellence, ensuring that homeowners are provided with a better home to live in now, that's worth more in the future.

**Future-Proof Building (FPB)** means incorporating into your home features and solutions that will improve your quality of life now and ensure your home maintains and improves its future value. The FPB initiative acts as a badge of confidence for consumers and encourages building professionals to use innovative building practices and high-quality products. This is achieved through consideration of eight key principle icons including: Energy Efficiency, Sound Control, Resource Responsibility, Space Management, Health and Safety and Life-Cycle Costing, Security and Automation and Quality Assurance.

## Humphries Associates Ltd

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*Humphries Associates* is a progressive firm of chartered accountants and business advisors located in Onehunga, Auckland, established in August 2000.

We are not your average accounting firm. Far from it.

We are members of the Bstar Alliance, an international network of business advisory professionals.

We have made a significant investment in a professional suite of business consulting and growth tools, professional consulting skills training, and professional support that enables us to deliver valuable business advisory services to our business clients. Plus, because our Alliance is a global one, we can tap into the resources, skills, training, collective knowledge and experience of an entire network of consulting accountants.

So when you work with us to achieve your business' full potential, you're not just working with our firm, you're gaining access to a global knowledge base and a wealth of consulting experience.

*Introducing Nimmy David - our new part-time office administration worker*

Office.goldlineconstruction@gmail.com

To view this or our previous newsletter, just visit our website at [www.goldlineconstruction.co.nz](http://www.goldlineconstruction.co.nz) and go to 'Our Building Services' page.

These are some of the great companies we use when doing an alteration or building a new home:



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